VOCABULARY ACTIVITY

Match, Think & Practice

Book reference: Pages 22–23, Vocabulary for Kids & Families

Draw a line from each word to its meaning.

Safety	Stopping for a moment to slow down and think.
Unsafe	A grown-up you can talk to who helps keep you safe.
Trusted Adult	Helping others and caring for the places and people in our community.
Courage	Being protected and free from harm.
Respect	Treating yourself and others with care and kindness.
Boundaries	When something could hurt you or someone else.
Pause	Something every person deserves just because they are a person.
Human Right	Doing the right thing even when it feels hard or scary.
Service	Limits that help keep us safe and comfortable.

There is room for everyone.

REFLECTION

Let's Think & Practice



Write, draw, or talk about your answers with a trusted adult.

1. Who is a trusted adult you can talk to when you need help?

2. What can you do to pause and help yourself feel calm?

3. What is one way you can show kindness to yourself or someone else?

4. Who helps care for the places and spaces we share, and how can you show them appreciation?

Look at the community helpers on page 15. Family members, teachers, neighbors, and community service professionals all help care for our schools, neighborhoods, parks, and shared spaces. You could say thank you, draw a picture, or share a kind message.